

# COLLABORATION SAVES LIVES

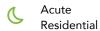
A National Healthcare System for the Treatment of Eating Disorders



# Multiple Locations, One Destination: Lasting Recovery

#### Levels of Care







Intensive Outpatient

Outpatient

Multidisciplinary Eating Disorder Assessment Clinic



Hospital | Durham, NC Child and Adolescent

**公人**森 器 覧

(Ages 17 and under)

4024 Stirrup Creek Drive Durham, NC 27703 919-908-9730

Center | Charlotte, NC

1900 Scott Avenue, Suite 101

(Ages 24 and under)

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Charlotte, NC 28203

704-680-3140

Child, Adolescent, and Young Adult



Hospital | Durham, NC Adult (Ages 18+)

615 Douglas Street, Suite 500 Durham, NC 27705 919-767-0202



Hospital | Atlanta, GA Child, Adolescent, and Young Adult (Ages 21 and under)

41 Perimeter Center East, Suite 250 Dunwoody, GA 30346 770-871-3750



Center | Richmond, VA Child, Adolescent, and Adult (Ages 10+)

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6627 West Broad Street, Suite 400 Richmond, VA 23230 804-774-4550





Veritas Collaborative is a national healthcare system for the treatment of eating disorders. Providing a range of services for individuals of all ages, Veritas offers Inpatient, Acute Residential, Partial Hospitalization, Intensive Outpatient, and Outpatient levels of care.

Our multidisciplinary treatment teams in North Carolina, Virginia, and Georgia share a passion and a mission inspired by a collaborative community of care and are committed to providing individualized, evidence-based treatment in a gender-diverse and inclusive environment.

# The Right Level of Care at the Right Time

## Inpatient

Inpatient care provides a structured, highly monitored, around-the-clock treatment environment that includes both individual and group therapies.

#### Most Suitable For:

Individuals who require daily medication interaction, are medically unstable, and/or are severely depressed or a danger to themselves as a result of their eating disorder behaviors.

# **M** Intensive Outpatient

Intensive outpatient care is primarily group-based and occurs three times per week, with an opportunity for individualized medical and dietetic treatment.

#### Most Suitable For:

Individuals who are medically stable and in need of structure and support to maintain sound trajectories toward recovery.

#### Acute Residential

Acute residential care provides an extremely structured, around-the-clock treatment environment that includes both individual and group therapies. Unlike standard residential care, a medical doctor and nursing staff are onsite, 24-hours a day, seven days a week.

#### **Most Suitable For:**

Individuals who are medically stable but in need of 24-hour behavioral and medical supervision.

## Outpatient

Outpatient care occurs weekly, biweekly, or on an as-needed basis, depending on individual needs.

#### **Most Suitable For:**

Individuals who are medically stable and in need of multidisciplinary support to continue to progress toward recovery.

## Partial Hospitalization

Partial hospitalization care occurs six or seven days a week and includes individual and group therapies with a focus on family and community support.

#### **Most Suitable For:**

Individuals who are medically stable and in need of daily, structured programming, but not 24-hour supervision, and who are currently unable to maintain their recovery in an outpatient environment.

# Multidisciplinary Eating Disorder Assessment Clinic

Multidisciplinary Eating Disorder Assessment Clinics offer in-person assessments with a multidisciplinary team to determine if an eating disorder is present and to provide recommendations on next steps.

#### **Most Suitable For:**

Any individual who needs multidisciplinary guidance to determine their next best step toward recovery.

# Every Journey Begins with a Single Step

Veritas Collaborative provides comprehensive, evidence-based care for persons of all ages with eating disorders diagnoses, in a gender-diverse and inclusive environment.

# **Individuals and Family Members**



### **Reach Out**

From the moment you reach out to us, we will provide support, education, and guidance to ensure that you or your loved one receives the care needed.



#### **Assess Your Needs**

Our team of master's-level clinicians will complete a level of care assessment, collecting clinical and medical information to ensure that you or your loved one receives the care needed.



#### Make a Plan

Once you receive a level of care recommendation, our team will review your insurance benefits, answer any questions, and schedule an admission date.



## Take the Next Step

From admission day on, a multidisciplinary treatment team will work with the patient, their family, and/ or community of support, to provide the skills and encouragement needed to foster lasting recovery.

# **Referring Providers**



When the next best step in an individual's recovery journey is unclear.



When additional support and supervision are needed.



When medically stable individuals discharge from a higher level of care.



When an individual needs a structured, supportive, and therapeutic environment to develop or continue developing coping skills.



When loved ones need additional opportunities to engage in treatment, education, and mealtimes.



Together we are stronger. Contact us today.

VERITASCOLLABORATIVE.COM | 855-875-5812